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RECIPE NAME	MILK	EGGS	PEANUTS	TREE NUTS	CEREALS CONTAINING GLUTEN	SESAME SEEDS	CRUSTACEANS	MOLLUSCS	FISH	CELERY	MUSTARD	SOYA	LUPIN	SULPHUR DIOXIDE
All Day Brunch Meat/Vegetarian	Y	Y			Y (Wheat)									Y
Apple Crumble	Y				Y (wheat)									
Baked Beans														
Baked Pork Sausage					Y (wheat)									Y
Banana Flapjack	Y				Y (wheat)									
Balti Sauce(Brakes)	Y				Y (wheat)						Y			
Banana Milkshake	Y													
BBQ Sauce (Brakes)					Y (wheat,Barley)					Y		Y		
Barbecue Chicken Pasta Bake					Y (wheat)					Y		Y		
BBQ Chicken Wrap					Y (wheat)					Y		Y		
Bread and Butter Pudding	Y	Y			Y (wheat)									
British Beefburger on a Bun & ketchup					Y (wheat)							Y		
Broccoli														
Butter Pie with Cheese	Y				Y (wheat)									
Carrot & Swede Mash														
Carrots														
Cauliflower Cheese	Y				Y (wheat)									
Cheese Lattice	Y				Y(Wheat)									
Cheddar Cheese Whirl	Y	Y			Y (wheat)									
Cheese & Oatcake	Y				Y (wheat& Oats)									
Cheese & Tomato Omelette	Y	Y												
Cheese and Biscuits	Y				Y (wheat)									
Cherry Crumble Fairy Cakes	Y	Y			Y (wheat)									
Cherry Shortcake					Y (wheat)									
Chicken Korma	Y										Y			
Chicken Tikka Masala	Y													
Chips														
Chocolate Cookies	Y	Y			Y (wheat)									
Chocolate Orange Cookie	Y	Y			Y (wheat)									
Chocolate Sponge	Y	Y			Y (wheat)									
Chocolate Muffin	Y	Y			Y (wheat)									
Cornish Style Pasty	Y				Y (wheat)					Y				
Cottage Pie	Y													

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Creamed Potatoes Fresh	Y													
Crunchy Chicken Wrap		Y			Y (Wheat)					Y		Y		
Custard	Y													
Fish Pie	Y				Y (wheat)				Y (salmon, hoki, pollack)					
Fish Goujons					Y (wheat)				Y (pollack)					
Fish Fingers (Birds Eye)					Y (wheat)				Y					
Flapjack					Y (wheat,Oats)									
French Bread Pizza	Y				Y (wheat)									
Fresh Milk Primary	Y													
Fruit Bar														
Fruit Jelly														
Gammon and Pineapple														
Garden Peas														
Garlic Bread (no Butter)	Y	Y			Y (wheat)							Y		
Green Beans														
Half Jacket Potatoes														
Half Portion of Garlic Bread	Y	Y			Y (wheat)							Y		
Harry Ramsden Chip Shop Fish					Y (wheat)				Y (pollock)					
Hash Browns														
Homemade Bread Basket	Y	Y			Y (wheat)							Y		
Homemade Chicken Pie					Y (wheat)									
Hot Cheese & Tomato Panini	Y				Y (wheat)							Y		
Jacket Potato with Choice	Y	Y							Y (tuna)		Y			
Ice Cream Roll	Y	Y			Y (wheat)									
Jam and Cream Splits	Y				Y (wheat)									
Lemon Sponge	Y	Y			Y (wheat)									
Linda McCartney Vegetable Sausage					Y (Wheat)							Y		Y
Mandarin Sponge	Y	Y			Y (wheat)									
Macaroni Cheese	Y				Y (wheat)					Y				
Meat & Potato Pie	Y				Y (wheat)									
Meat Free Sausage Roll					Y (wheat)							Y		
Mini Muffins	Y	Y			Y (wheat)									
Mini Corn on the Cob														

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Mixed Rice and Tortilla Chips					Y (wheat)									
Mushy Peas														
Naan Bread	Y				Y (wheat)									
New Potatoes														
Oat and Raisin Cookie	Y	Y			Y (wheat)									
Omega 3 Fish Fingers					Y (wheat)				Y (pollock)					
Organic Pasta					Y (wheat)									
Pasta in Tomato & Mascarpone Sauce	Y				Y (wheat)									
Pasta Salad		Y			Y (wheat)						Y			
Peach Crumble	Y				Y (wheat)									
Peach Melba	Y													
Pear Sponge	Y	Y			Y (wheat)									
Penne Arrabbiata	Y				Y (wheat)									
Peppermint Sauce	Y													
Pineapple upside down cake	Y	Y			Y (wheat)									
Pitta Bread														
Pizza Margherita	Y	Y			Y (wheat)							Y		
Pork Loin Steak & Gravy with Stuffing					Y (wheat (stuffing only))									
Pork Meatballs in Onion Gravy					Y (wheat)									
Pork Meatballs & Pasta in Tomato Sauce					Y(Wheat)									
Pork Sausages In Gravy					Y (wheat)									Y
Potato Salad		Y									Y			
Quorn & Sweet Potato Curry	Y	Y			Y (wheat)									
Quorn Korma	Y	Y									Y			
Quorn Dippers	Y	Y			Y (wheat)									
Quorn Meatballs		Y			Y (wheat)									
Quorn Sausages	Y	Y			Y (wheat)									
Raspberry Buns	Y	Y			Y (wheat)									
Ratatouille Vegetable Grill	Y													
Red Cabbage														
Red Pesto Pasta	Y				Y (wheat)									
Rice Pudding with Jam	Y													
Roast Beef and Yorkshire Pudding	Y	Y			Y (wheat)									

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Roast Chicken Breast with Gravy & Stuffing					Y (wheat)									
Roast Potatoes														
Roasted Vegetable Lasagne	Y				Y (wheat)					Y				
Roasted Vegetables														
Salad Bar														
Salad Bar														
Salmon Fish Finger					Y (wheat)				Y (salmon)					
Savoury Mince & Dumplings					Y (wheat)							Y		
Savoy Cabbage														
Seasoned Homemade Garlic Wedges														
Selection of Wraps and Rolls	Y	Y			Y (wheat)				Y (tuna)		Y	Y		
Shortbread Biscuit					Y (wheat)									
Sliced Beetroot														
Soft Scoop Ice Cream	Y													
Spaghetti Bolognese					Y (wheat)									
Spaghetti Marinara					Y (wheat)				Y	Y				
Spaghetti Neapolitan					Y (wheat)									
Strawberry Yoghurt	Y													